**TNLAX Practice Schedule for 2016**

**(Practices will be held at Harpeth Hall)**

January 31st 2-4pm

February 7th 2-4pm

February 21st 2-4pm

March 13th 2-4pm

March 27th 2-4pm

April 10th 2-4pm

April 24th 2-4pm

May 1st 2-4pm

May 15th 2-4pm

May 22nd 2-4pm

June 1st (Wednesday) TBD

**June 4-5th Southern Alliance Tournament Peach Tree City, GA**

June 7th (Tuesday) TBD

**June 11-12th Summer Classic Bel Air, MD**

June 14-17th Triple Threat Camp Alexandria VA (rising 10th-12th graders)

June 14th (Tuesday) TBD

**June 18-19th Music City Lacrosse Festival – Goodlettsville TN**

June 19-22nd Triple Threat Camp Alexandria VA (rising 7-9th graders)

June 21st (Tuesday) TBD

**June 25-26th National Recruiting Showcase Bel Air, MD**

July 6th (Wednesday) TBD

**July 9-10th Midwest Challenge Cincinnati, OH**

July 12th (Tuesday) TBD

**July 14-17th Capital Cup Midlothian, VA (Grad years 2017-2019 only)**

July 24th 2-4pm

**July 29-31st Indian Prairie Showdown Naperville IL**

August 21st 2-4pm

September 11th 2-4pm

\*\*More fall practices TBD\*\*

**October 2016 Smokey Mountain Showdown (Gatlinburg, TN)**

**November 18-20th President’s Cup Orlando, FL (2017-2019)**

**Tournament Plans 2016**

Southern Alliance Tournament (Peachtree City, GA) June 4-5, 2016 (2017-2020)

[www.satlacrosse.com](http://www.satlacrosse.com) (best for the newer/younger players)

Summer Classic (Bel Air, MD Cedar Lane Park) June 11-12th, 2016 (2017-2020) [www.topofthebaysports.com](http://www.topofthebaysports.com) (best for older players with more experience)

Threat Camp (Alexandria, VA) This is a great recruiting camp held at Episcopal High School in VA that is run by college coaches. There are Division I, II and III coaches at this camp instructing the players. This camp fills up in minutes of the registration opening on Jan 1st.

June 14-17th (10-12th graders)

June 19-22nd (2-9th graders)

[www.triplethreatlaxcamp.com](http://www.triplethreatlaxcamp.com) (great for all)

Music City Lacrosse Festival (Goodlettsville, TN Moss-Wright Park) June 18-19, 2016 (2017-2020)

[www.topofthebaysports.com](http://www.topofthebaysports.com) or [www.tnlax.org](http://www.tnlax.org) (great for all)

National Recruiting Showcase (Bel Air, MD Cedar Lane Park) June 25-26th, 2016 (2017-2019)

[www.topofthebaysports.com](http://www.topofthebaysports.com) (best for older players with more experience)

Midwest Challenge (Cincinnati, OH Voice of America Park) July 9-10th, 2016 (2017-2020)

[www.topofthebaysports.com](http://www.topofthebaysports.com) or [www.tnlax.org](http://www.tnlax.org) (great for all)

Capital Cup (Midlothian, VA) July 14-17th, 2016 (2017-2019)

[www.capitalcuplax.com](http://www.capitalcuplax.com) **(best for older players with more experience)**

Indian Prairie Showdown (Naperville, IL) July 29-31st, 2016 (2017-2020)

<http://www.playersindoor.com/events/indian-prairie-showdown/> (great for all)

Smokey Mountain Showdown (Gatlinburg, TN) October 2016 (Date still TBD) (2017-2020)

[www.topofthebaysports.com](http://www.topofthebaysports.com)

President’s Cup (Orlando, FL) November 18-20th, 2016 (2017-2019)

[www.presidentscuplax.com](http://www.presidentscuplax.com) **(best for older players with more experience)**